



Your partner in Aquatic Therapy Education



AIMS AQUATIC THERAPY INTERNATIONAL CONFERENCE (AAIC) 2026

From Simple Game to Technology
by AIMS in collaboration with the International Aquatic
Therapy Faculty (IATF)

Cairo – Wednesday, 21 October 2026

At Princess Fatima Academy

Aquatic therapy is no longer simply exercise in the water. It has become one of the fastest-growing evidence-based fields in rehabilitation — driven by neuroplasticity, motor control, and now artificial intelligence. AAIC 2026 is the first international aquatic therapy conference in Egypt, bringing three world pioneers to Cairo for one full scientific day.

Our Vision

AAIC was created with a clear vision: to establish a world-class scientific platform that connects international expertise with regional clinical practice, promotes evidence-based aquatic therapy, and inspires physiotherapists to deliver better outcomes for their patients.

By bringing together internationally recognized leaders and outstanding regional experts, AAIC aims to advance aquatic rehabilitation across the Middle East and Africa while strengthening global professional collaboration.

In Collaboration with IATF

AAIC is proudly organized in collaboration with the International Aquatic Therapy Faculty (IATF) — one of the world's leading organizations dedicated to education, research, and professional development in aquatic therapy.

For decades, IATF has played a pivotal role in developing internationally recognized aquatic therapy concepts, promoting evidence-based practice, and educating physiotherapists across the globe.

This collaboration ensures that AAIC delivers internationally relevant, scientifically rigorous, and clinically applicable education.



IATF
Your partner in Aquatic Therapy Education

AATC
AIMS AQUATIC THERAPY CONFERENCE

AIMS
ACADEMY OF INTERNATIONAL
MEDICAL SEMINARS

AQUATIC THERAPY CONFERENCE

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CONFERENCE HIGHLIGHTS

-  **AQUATIC
COGNITIVE-MOTOR
THERAPY**
-  **BAD RAGAZ
RING METHOD**
-  **NEW TECHNOLOGIES
IN AQUATIC
THERAPY**
-  **INNOVATION
MEETS CLINICAL
PRACTICE**

 **DATE**
21/10/2026

 **VENUE**
**Princess Fatima Academy
Nasr City**

LEARN • CONNECT • INNOVATE

More info about the conference here: <https://physioaims.com/conferences-details/aims-aquatic-therapy-international-conference-aaic-2026/>

What Makes AAIC Unique?

- ▶ The first international aquatic therapy conference in the Middle East and Africa.
- ▶ Organized in collaboration with the International Aquatic Therapy Faculty (IATF).
- ▶ Learn from the pioneers who created the concepts used worldwide today.
- ▶ A program that combines cutting-edge science, evidence-based practice, clinical reasoning, and real-world applications.
- ▶ International networking opportunities with clinicians, educators, researchers, and rehabilitation leaders.
- ▶ Hands-on training in the pool with two international experts.
- ▶ Certification and accredited hours for the conference lectures.
- ▶ A learning pathway that continues after the conference.

Learning Moves to the Pool

The lectures are followed by a 2.5-hour hands-on practical session in the pool with Urs Gamper and Johan Lambeck — direct clinical training with the experts themselves. Places are strictly limited to keep groups small.

Leading Egyptian experts also show how aquatic therapy is applied in orthopedic, neurological, and pediatric rehabilitation, musculoskeletal disorders, and fall prevention.

Continue Your Learning Journey

The AAIC experience does not end with the conference. Immediately afterward, participants can attend the internationally recognized Halliwick Foundation Course — three days led by accredited IATF instructors, covering one of the world's most respected approaches to movement, balance control, and independence in water.

AAIC Conference → Hands-On Pool Workshop → 3-Day Halliwick Course

Conference Fees

- ▶ **Standard: 800 EGP**
- ▶ **Group of 3+: 700 EGP**
- ▶ **Early bird (before 30 August): 600 EGP**

About the Halliwick Course

Halliwick is an aquatic movement concept developed by James McMillan, focusing on postural control through rotational movement in three dimensions (sagittal, transversal, and longitudinal). The concept is characterized by the Ten-Point Programme, emphasizing “mental desire and physical control,” using disengagement at every point.

Halliwick is practiced worldwide and benefits individuals with neuromusculoskeletal deficits, supported by robust evidence.

Key Principles

- ▶ Independence as far as possible
- ▶ Coping with all fluid-mechanical constraints
- ▶ Teaching “daring to fall and able to stand up”

Course Details

- ▶ **Course:** Halliwick — The Ten-Point Programme
- ▶ **Certification:** International Aquatic Therapy Certification by IATF, Switzerland
- ▶ **Dates:** October 22–23–24, 2026
- ▶ **Location:** Cairo, Egypt

About the Trainer — Johan Lambeck

Johan Lambeck, PT, BHS, Cert Hydro (UK), is CEO of Aquatic Rehabilitation Consultants (Netherlands), and Senior Lecturer and co-founder of the Association IATF in Valens, Switzerland. He was educated by James McMillan and cooperated with him during some 35 courses. He is co-founder of the International Halliwick Association and the Halliwick Foundation, chairs the Dutch Halliwick Association, and digitalized and cares for McMillan’s professional archives.

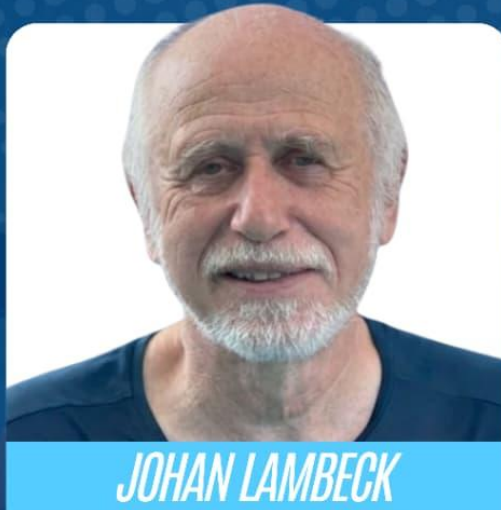
He was named Aquatic Therapy Professional in the United States by ATRI in 1998, and in 2020 became the first non-American to receive the “Excellence in Aquatic Physical Therapy” award from the Academy of Aquatic Physical Therapy (APTA, USA). Since 1983 he has taught roughly 1,000 aquatic therapy seminars in 64 countries. Since August 2025 he is Honorary President of EAPTA, the Egyptian Aquatic Physical Therapy Association.



HALLIWICK

- THE TEN-POINT PROGRAMME -

*3-DAY
PRACTICAL*



*Understand &
Experience it.*

JOHAN LAMBECK



**INTERNATIONAL AQUATIC THERAPY
CERTIFICATION BY IATF**

For full details on the Halliwick – The Ten-Point Programme course, follow this link:
<https://physioaims.com/courses/halliwick-the-ten-point-programme/>

Join us in Cairo on Wednesday, 21 October 2026

Whether you are a clinician, educator, researcher, or physiotherapy student, AAIC 2026 is your chance to learn from the pioneers of aquatic therapy and to join the global aquatic rehabilitation community.

